Best Practices for COVID-19 Infection Prevention in General Industry

Physical Distancing
Physical distancing means maintaining a distance of at least six feet from other people.

- Follow work practices to maintain safe physical distancing while working.
  - Stay behind Plexiglas or other impermeable barriers where physical distancing is not possible.
  - Stagger break and lunch times.
  - Spread out breakroom chairs or create outdoor break areas with shade structures and physically distanced seating.
- Avoid large gatherings. Practice physical distancing during non-work hours.

Report Workplace Health and Safety Complaints
Cal/OSHA investigates workplace accidents and complaints of unsafe or unhealthy working conditions.
Contact Cal/OSHA if you have complaints:
Find your local Cal/OSHA Enforcement District Office:
www.dir.ca.gov/dosh/Complaint.htm

Cal/OSHA Guidance
Cal/OSHA Industry Guidance on COVID-19:

Please visit Cal/OSHA's website:
www.dir.ca.gov/dosh

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NOTE: Certain employers, such as health care, homeless shelters, and correctional facilities, are required to comply with the Aerosol Transmissible Diseases standard, title 8 section 5199, which has different requirements.
Written Program
Your employer is required to establish a written workplace-specific COVID-19 prevention program at each facility. These are some of the procedures that must be included:

- Use of face coverings.
- Training and communication with you about the plan.
- Investigation and response to COVID-19 illnesses among workers, including isolating workers and their close contacts.
- Informing you if you may have been exposed to COVID-19 at work.

Training
Your employer must train you on the following:

- COVID-19 symptoms and how the disease spreads.
- Infected people may spread the disease even when not sick.
- Do not come to work if you feel sick.
- Proper use of hand sanitizer and required alcohol content.
- Cough and sneeze into your elbow or a tissue.
- Safe use of cleaners and disinfectants.
- Physical distancing.
- Employer- or government-sponsored leave benefits.

Control Measures and Screening
Your employer must implement the following measures at the workplace:

- Provide temperature and symptom screenings at work or instruct you on how to self-screen at home.

Cleaning and Disinfection
Take the following measures:

- Frequently wash your hands.
- Perform thorough cleaning in high-traffic areas.
- Clean touchable surfaces between shifts or between users, whichever is more frequent.
- Frequently clean and disinfect commonly touched surfaces.
- Clean delivery vehicles and equipment before and after delivery routes.
- Use products that are EPA-approved for use against COVID-19 on List N.

WARNING: Use respirators and other personal protective equipment (PPE), not other face coverings, when needed to protect against exposures to other harmful substances or agents.